OSL STUDY ON IRRADIATED AND NON-IRRADIATED DRIED TOMATOES AS INGREDIENT IN THE MEDITERRANEAN DIET



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1. Introduction

Tomatoes, as the main ingredient of the Mediterranean diet, are associated with healthy protection as is the reduced risk of some cancers and other diseases due to a significant content of antioxidants, especially carotenoids (lycopene and betacarotene), ascorbic acid and phenols, which play a role in inhibiting free radicals. [1] The main objective of this study was to compare the Optically Stimulated Luminescence (OSL) response of irradiated (10 kGy, as regulated by [2,3]), and nonirradiated tomato for two types of stimulation: IR (infrared, $\lambda = 890$ nm) and BL (blue light, $\lambda = 470$ nm).

$\lambda = 470 \text{ nm}$ red

2. Methods





1.8 g NaCl; lyophilized



11 g NaCl; lyophilized

Irradiated (Total dose of 10 kGy obtained by ⁶⁰Co γ-rays at room temperature in the presence of air in a home-built panoramic irradiator in the Radiation Chemistry and Dosimetry Laboratory at RBI). [4]

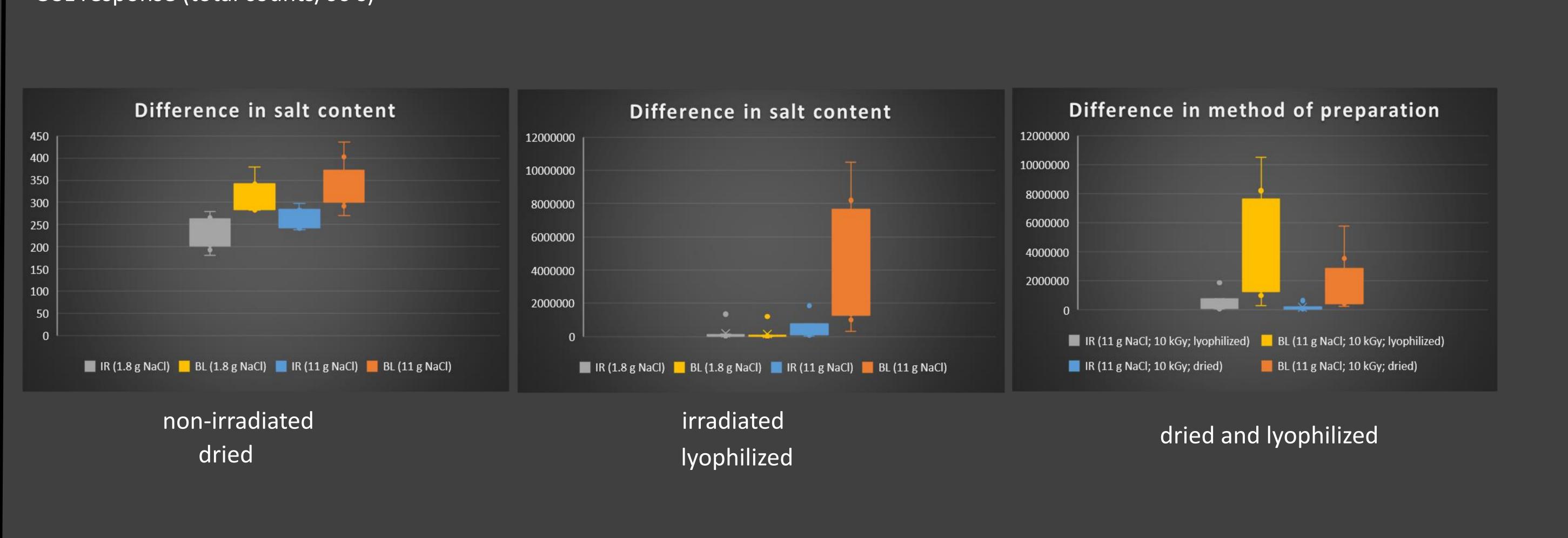
Non-irradiated



SUERC portable OSL reader 2 different stimulations: infrared and blue light

3. Results

OSL response (total counts/60 s)



4. Conclusion

- samples of lyophilized tomatoes with higher salt content and blue light stimulation is far more promising for food as of reduces the limit of detection
- blue light give a stronger signal than infrared stimulation

5. References

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